

## Speiseplan für die Woche vom

17.03.2025 bis 21.03.2025

|   | Montag<br>17.03.2025  | Dienstag<br>18.03.2025 | Mittwoch<br>19.03.2025 | Donnerstag<br>20.03.2025 | Freitag<br>21.03.2025 |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
|---|---|------------------------|------------------------|--------------------------|-----------------------|--------|-------|------|------|---|------|----|---|----|--------|------|------|------|---|------|----|---|----|--------|-------|-------|------|--|------|----|---|----|--------|-------|------|------|--|------|----|---|----|---|---|---|---|
| <b>Vitalmenü</b><br>-Fisch/Fleisch/Geflügel-<br><b>4,90 €</b> | Schweinesteak a/a1<br>Röstkartoffeln<br><br><table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>365,02</td><td>36,79</td><td>5,54</td><td>39,7</td></tr> </table>         | Kcal                   | KH                     | F                        | EW                    | 365,02 | 36,79 | 5,54 | 39,7 | Puten Piccata 4/c/g<br>Käseeihülle<br>Tomatisieret Spaghetti a/a1/i<br><br><table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>513,88</td><td>63,9</td><td>9,19</td><td>40,9</td></tr> </table> | Kcal | KH | F | EW | 513,88 | 63,9 | 9,19 | 40,9 | Currywurst a'/a1'/c'/f'/g/i/k<br>hausgemachte Soße 11/i/k<br>Potatoe Wedges<br><br><table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>860,83</td><td>56,23</td><td>57,79</td><td>26,5</td></tr> </table> | Kcal | KH | F | EW | 860,83 | 56,23 | 57,79 | 26,5 | Putengeschnitztes Toskana g<br>mit Reis<br><br><table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>359,95</td><td>47,24</td><td>6,98</td><td>26,3</td></tr> </table>     | Kcal | KH | F | EW | 359,95 | 47,24 | 6,98 | 26,3 | <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>0</td><td>0</td><td>0</td><td>0</td></tr> </table> | Kcal | KH | F | EW | 0 | 0 | 0 | 0 |
|   | Kcal  | KH                     | F                      | EW                       |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 365,02  | 36,79   | 5,54                   | 39,7                   |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 513,88  | 63,9  | 9,19                   | 40,9                   |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 860,83  | 56,23   | 57,79                  | 26,5                   |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 359,95  | 47,24   | 6,98                   | 26,3                   |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 0   | 0   | 0                      | 0                      |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| <b>Aktionsmenü</b><br>-vegetarisch-<br><b>4,60 €</b>          | Vollkorn Penne a1/f'/k'<br>mit Bärlauchsoße g<br><br><table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>337,58</td><td>56,07</td><td>4,8</td><td>14,5</td></tr> </table> | Kcal                   | KH                     | F                        | EW                    | 337,58 | 56,07 | 4,8  | 14,5 | Süße Pfannkuchen 9/a/a1/c/g<br>Früchtejoghurt 1/4/g<br><br><table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>520</td><td>71,7</td><td>15</td><td>21,3</td></tr> </table>                      | Kcal | KH | F | EW | 520    | 71,7 | 15   | 21,3 | Falafel<br>mit Gemüsereis i'<br><br><table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>503,55</td><td>70,35</td><td>15,43</td><td>13,4</td></tr> </table>  | Kcal | KH | F | EW | 503,55 | 70,35 | 15,43 | 13,4 | Ravioli a/a1/c/f'/g/k'<br>Paprika-Tomatensoße<br><br><table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>407,1</td><td>66,7</td><td>6,44</td><td>18,9</td></tr> </table> | Kcal | KH | F | EW | 407,1  | 66,7  | 6,44 | 18,9 | <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>0</td><td>0</td><td>0</td><td>0</td></tr> </table> | Kcal | KH | F | EW | 0 | 0 | 0 | 0 |
|   | Kcal  | KH                     | F                      | EW                       |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 337,58  | 56,07   | 4,8                    | 14,5                   |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 520   | 71,7  | 15                     | 21,3                   |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 503,55  | 70,35   | 15,43                  | 13,4                   |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 407,1   | 66,7  | 6,44                   | 18,9                   |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 0   | 0   | 0                      | 0                      |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
|   | <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>0</td><td>0</td><td>0</td><td>0</td></tr> </table>  | Kcal                   | KH                     | F                        | EW                    | 0      | 0     | 0    | 0    | <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>0</td><td>0</td><td>0</td><td>0</td></tr> </table>  | Kcal | KH | F | EW | 0      | 0    | 0    | 0    | <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>0</td><td>0</td><td>0</td><td>0</td></tr> </table>  | Kcal | KH | F | EW | 0      | 0     | 0     | 0    | <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>0</td><td>0</td><td>0</td><td>0</td></tr> </table>   | Kcal | KH | F | EW | 0      | 0     | 0    | 0    | <table border="1"> <tr><td>Kcal</td><td>KH</td><td>F</td><td>EW</td></tr> <tr><td>0</td><td>0</td><td>0</td><td>0</td></tr> </table> | Kcal | KH | F | EW | 0 | 0 | 0 | 0 |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 0   | 0   | 0                      | 0                      |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 0   | 0   | 0                      | 0                      |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 0   | 0   | 0                      | 0                      |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 0   | 0   | 0                      | 0                      |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| Kcal  | KH  | F                      | EW                     |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
| 0   | 0   | 0                      | 0                      |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
|   |   |                        |                        |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |
|   |   |                        |                        |                          |                       |        |       |      |      |   |      |    |   |    |        |      |      |      |   |      |    |   |    |        |       |       |      |  |      |    |   |    |        |       |      |      |  |      |    |   |    |   |   |   |   |

### Zusatzstoffe

1 mit Farbstoff, 4 mit Antioxidationsmittel, 9 mit Phosphat, 11 mit einer Zuckerart und Süßungsmitteln

### Allergene

a Glutenhaltiges Getreide, a1 Weizen, Dinkel, Kamut, c Eier, f Sojabohnen, g Milch, i Sellerie, k Senf  
( ' = Allergene können in Spuren enthalten sein)

Beachten Sie, dass Allergene in Spuren enthalten sein können. Die Herstellung allergenfreier Kost erfolgt stets in Absprache mit der Küchenleitung.

**Wir wünschen unseren Gästen einen guten Appetit!**